



Biography

Dr Anthony Bateman is currently the Director of Psychotherapy Services and Research Lead at St Ann's Hospital, North London and Visiting Professor, University College London. Clinical Tutor of Education for the London Deanery, Chief Examiner of the Royal College of Psychiatrists, and formerly Chair of Psychotherapy Training Committee for the UK. Clinical and research interest is in personality disorder and attachment theory. The Psychotherapy services are designated by the Department of Health as a Beacon Site for personality disorder which gives it national training status. Member of the Department of Health expert committee on treatment of personality disorder and an executive member British and Irish Group for Study of Personality Disorder. Member of the National Institute of Clinical Excellence Guideline Development Group for Borderline Personality Disorder. Chair, Development of National Occupational Standards for Psychological Therapies – Psychodynamic Psychotherapy Working Group and Modality Working Group and Member of National Reference Group

Selected publications and books

Publications:

Fonagy, P. & Bateman, A. (2006) Mechanisms of change in Mentalization Based Therapy of borderline personality disorder. *Journal of Clinical Psychology*, 62, 411-430

Bateman, A., Ryle, A., Fonagy, P., Kerr, I (2007) Psychotherapy for Borderline personality Disorder: Mentalization Based Therapy and Cognitive Analytic Therapy compared. *International Review of Psychiatry*, 19, 51-62.

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Gunderson, J.G., Bateman, A. and Kernberg, O. (2007) Alternative perspectives on psychodynamic psychotherapy of borderline personality disorder: The case of Ellen *American Journal of Psychiatry* 164:1333-1339

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Schulz C, Zanarini M, Bateman A, Bohus M, Detke H, Trzaskoma Q, Tanaka Y, Lin D, Deberdt W, Corya S. (in press) Olanzapine for the Treatment of Borderline Personality Disorder: a variable-dose, 12-week, Randomized, Double-blind, Placebo-controlled study. *British Journal of Psychiatry*.

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Chiesa, M., Fonagy, P., Bateman, A., *et al* (2009) Psychiatric morbidity and treatment pathway outcomes of patients presenting to specialist NHS psychodynamic psychotherapy services: Results from a multi-centre study. *Psychology and Psychotherapy: theory research and practice* 82, 83-98

Bateman, A and Fonagy, P (2009) Randomized controlled trial of out-patient mentalization based treatment versus structured clinical management for borderline personality disorder. *American Journal of Psychiatry*. 1666, 1355-1364

Books:

Bateman, A. W., Brown, D., And Pedder, J (2010) *Introduction to Psychotherapy – an outline of psychodynamic principles and practice*. 4th Edition. Routledge: London.

Bateman, A. and Fonagy, P (2004) *Psychotherapy for borderline personality disorder: mentalization based treatment*. Oxford: Oxford University Press.

Bateman, A. & Fonagy, P. (2006) *Mentalization based treatment: a practical guide*. Oxford: Oxford University Press.