

## Joost Hutsebaut, PhD

### Biography

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Joost Hutsebaut PhD is a clinical psychologist, working as a therapist and researcher at de Viersprong, a specialized center for the assessment and treatment of personality disorders in the Netherlands. He mainly works with young people with (emerging) borderline PD and their families in an MBT-based early intervention program. He also co-authored the Quality manual for MBT and studied the implementation of MBT in the Netherlands. He's the principal investigator of the Assessment research line of de Viersprong and conducted research on the Alternative Model for Personality Disorders. Joost is also related to the Dutch Center of Expertise on Personality Disorders and co-authored the Guideline-Informed Treatment for Personality Disorders, a nation-wide project to improve management of personality disorders. He published several research and general papers on young people with PD, assessment of level of personality functioning, and generic treatment for PDs.

### Selected Publications

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Hutsebaut, J., Videler, A.C., Verheul, R. and van Alphen, S.P.J. (in press). Managing Borderline Personality Disorder from a life course perspective: clinical staging and health management. *Personality Disorders: Theory, Research and Treatment*.

Hutsebaut, J., Kamphuis, J.H., Feenstra, D.J., Weekers, L. & De Saeger, H. (2016). Assessing DSM-5-Oriented Level of Personality Functioning: Development and Psychometric Evaluation of the Semi-Structured Interview for Personality Functioning DSM-5 (STiP-5.1). *Personality Disorders: Theory, Research and Treatment*, 7 (2), 192-7. <http://dx.doi.org/10.1037/per0000197>

Hutsebaut, J., Feenstra, D.J., & Kamphuis, J.H. (2016). Development and preliminary psychometric evaluation of a brief self-report questionnaire for the assessment of the DSM-5 Level of Personality Functioning Scale: The LPFS Brief Form (LPFS-BF). *Personality Disorders: Theory, Research, and Treatment*, 7 (2), 192-7. <http://dx.doi.org/10.1037/per0000159>.

Hutsebaut, J., Feenstra, D.J. & Luyten, P. (2014). Personality disorders in adolescence: label or opportunity? *Clinical Psychology. Science and practice*, 20 (4), 445-451. DOI: 10.1111/cpsp.12052

Bach, B. & Hutsebaut, J. (2018). Level of Personality Functioning Scale – Brief Form 2.0 (LPFS-BF): Utility in Capturing Personality Problems in Psychiatric Outpatients and Incarcerated Addicts. *Journal of Personality Assessment*. DOI: 10.1080/00223891.2018.1428984

Weekers, L., Hutsebaut, J. & Kamphuis, J.H. (accepted for publication). The Level of Personality Functioning Scale – Brief Form 2.0 (LPFS-BF 2.0): Update of a brief instrument for assessing level of personality functioning. *Personality and Mental Health*.

Bales, D.L., Timman, R., Luyten, P., Buschbach, J. van, Verheul, R., & Hutsebaut, J. (2017). Implementation of evidence-based treatments for borderline personality disorder: The impact of organizational changes on treatment outcome of mentalization-based treatment. *Personality and Mental health*, July. DOI 10.1002/pmh.1381

Bales, D.L., Verheul, R. & Hutsebaut, J. (2017). Barriers and facilitators tot he implementation of mentalization-based treatment (MBT) for borderline personality disorder: Key factors in the implementation of mentalization-based treatment (MBT). *Personality and Mental Health*, 11 (2), 118-131.

- Debast, I., Rossi, G., Feenstra, D.F., & Hutsebaut, J. (2017). Developmentally Sensitive Markers of Personality Functioning in Adolescents: Age-specific and Age-neutral Expressions. *Personality Disorders: Theory, Research and Treatment*, 2017 Apr;8(2):162-171. doi: 10.1037/per0000187
- Catthoor, K., Schrijvers, D., Hutsebaut, J., Feenstra, D. & Sabbe, B. (2015). Psychiatric Stigma in Treatment-Seeking Adults with Personality Problems: Evidence from a Sample of 214 Patients *Frontiers in Psychiatry* 07/2015; 6:101. DOI:10.3389/fpsyt.2015.00101.
- Catthoor, K., Feenstra, D., Hutsebaut, J., Schrijvers, D., & Sabbe, B. (2015). Adolescents with personality disorders suffer from severe psychiatric stigma: evidence from a sample of 131 patients. *Adolescent Health, Medicine, and Therapeutics*, 05/2015; 6, 81-89. DOI: 10.2147/AHMT.S76917.
- Catthoor, K., Schrijvers, D., Hutsebaut, J. Feenstra, D.J., Persoons, P., De Hert, M., Peuskens, J. & Sabbe, B. (2015). . *World Journal of Psychiatry*, 22, 5(1), 118-125.
- Catthoor, K., Hutsebaut, J., Feenstra, D.J., Schrijvers, D. & Sabbe, B. (2015). Stigma in Adolescents and Adults with Personality Disorders: Are There Any Differences? *European Psychiatry* 03/2015; 30:1836. DOI:10.1016/S0924-9338(15)31415-2
- Verbeke, L., De Clercq, B., van der Heijden, P., Hutsebaut, J. & van Aken, M.A.G. (2015). The relevance of schizotypal traits for understanding interpersonal functioning in adolescents with psychiatric problems. *Personality disorders: Theory, Research, and Treatment*, <http://dx.doi.org/10.1037/per0000163>
- Bateman, A.W., Bales, D.L., & Hutsebaut, J. (2014). A quality manual for MBT. Anna Freud center. <https://www.annafreud.org/media/1217/a-quality-manual-for-mbt-edited-april-23rd-2014-2.pdf>
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- Feenstra, D.J., Hutsebaut, J., Verheul, R., & van Limbeek, J. (2014). Identity: empirical contribution. Changes in identity integration of adolescents in treatment for personality disorders. *Journal of Personality Disorders*, 28, 101-112.
- Feenstra, D.J., Laurensen, E.M.P., Hutsebaut, J., Verheul, R., van Busschbach, J.J.V. (2014). Predictors of treatment outcome of Inpatient Psychotherapy for Adolescents (IPA) with personality pathology. *Personality and Mental Health*, 8, 102-114.
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- Feenstra, D.J., Hutsebaut, J., Laurensen, E.M.P., Verheul, R., Busschbach, J.J.V., & Soeteman, D.I. (2012). The burden of disease among adolescents with personality pathology: Quality of life and costs. *Journal of Personality Disorders*, 26(4), 593-604.

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