

Biography

Ueli Kramer, PhD, is Privat-Docent, psychotherapy researcher and clinical psychotherapist according to Federal Law, at the Department of Psychiatry (Institute of Psychotherapy and General Psychiatry Service), University of Lausanne, Switzerland. He holds an adjunct appointment at the Department of Psychology, University of Windsor, Canada. His research focuses on process and outcome in psychotherapy, in particular the mechanisms of change in treatments of personality disorders and case formulation in personality disorders. He is a broadly trained clinician, working from an integrative psychotherapy perspective. In 2019, PD Dr. Ueli Kramer is President Elect of the European Chapter of the Society for Psychotherapy Research (SPR) and the Vice-President of the French-Speaking Society for the Study of Personality Disorders (AFERTP). Dr. Kramer is the co-recipient of the 2015 Inger Salling Award, the recipient of the 2016 Outstanding Early Career Achievement Award of the Society for Psychotherapy Research, of the 2016 Hamburg GePS Award for Personality Disorders, of the 2018 Marvin Goldfried New Researcher Award of the Society for the Exploration of Psychotherapy Integration and of the 2019 AEMD Marina Picasso Award.

Selected Publications (peer-reviewed):

Kramer, U. (2019). Individualizing psychotherapy research designs. *Journal of Psychotherapy Integration*.

Kramer, U. (2019). Personality, personality disorders, and the process of change. *Psychotherapy Research*, 29(3), 324-336. doi : 10.1080/10503307.2017.1377358

Kramer, U. (2018). Mechanisms of Change in Treatments of Personality Disorders: Introduction to the Special Section. *Journal of Personality Disorders*, 32 (Suppl.), 1-11.

Kramer, U., Flückiger, C., Kolly, S., Caspar, F., Marquet, P., Despland, J.-N., & de Roten, Y. (2014). Unpacking the effects of therapist responsiveness in borderline personality disorder: motive-oriented therapeutic relationship, patient in-session experience and the therapeutic alliance. *Psychotherapy and Psychosomatics*, 83, 386-387. doi: 10.1159/000365400

Kramer, U., Keller, S., Caspar, F., de Roten, Y., Despland, J.-N., & Kolly, S. (2017). Early change in coping strategies in responsive treatments for borderline personality disorder. *Journal of Consulting and Clinical Psychology*, 85(5), 530-535. Doi: 10.1037/ccp0000196.

Kramer U., Kolly S., Berthoud L., Keller S., Preisig M., Caspar F., Berger T., de Roten Y., Marquet P., & Despland J.-N. (2014). Effects of motive-oriented therapeutic relationship in a ten-session general psychiatric treatment of borderline personality disorder: a randomized controlled trial. *Psychotherapy and Psychosomatics*, 83, 176-186. doi: 10.1159/000358528

Kramer, U., Kolly, S., Maillard, P., Pascual-Leone, A., Samson, A. C., Schmitt, R., Bernini, R., Allenbach, G., Charbon, P., de Roten, Y., Conus, P., Despland, J.-N., & Draganski, B. (2018).

Change in emotional processing and theory of mind processing in borderline personality disorder: A pilot study. *Journal of Nervous and Mental Disease*, 206(12), 935-943.

Kramer, U., & Levy, K. N. (2016). Psychotherapy for personality disorders : Questions of clinical utility. *Journal of Psychotherapy Integration*, 26(3), 338-346. doi: 10.1037/int0000027

Kramer, U., Pascual-Leone, A., Berthoud, L., de Roten, Y., Marquet, P., Kolly, S., Despland, J.-N., & Page, D. (2016). Assertive anger mediates effects of dialectical behavior-informed skills training for borderline personality disorder: a randomized controlled trial. *Clinical Psychology and Psychotherapy*, 23(3), 189-202. Doi: 10.1002/cpp.1956

Kramer, U., Pascual-Leone, A., Rohde, K. B., & Sachse, R. (2016). Emotional processing, interaction process, and outcome in clarification-oriented psychotherapy for personality disorders: A process-outcome analysis. *Journal of Personality Disorders*, 30(3), 373-394.

Kramer, U., Stulz, N., Berthoud, L., Caspar, F., Marquet, P., Kolly, S., de Roten, Y., & Despland, J.-N. (2017). The shorter the better? A follow-up analysis of 10-session psychiatric treatment including the motive-oriented therapeutic relationship for borderline personality disorder. *Psychotherapy Research*, 27(3), 362-370. doi: 10.1080/10503307.2015.1110635 (shared first authorship).

Kramer, U., Temes, C. M., Magni, L. R., Fitzmaurice, G. M., Aguirre, B. A., Goodman, M., & Zanarini, M. C. (2017). Psychosocial functioning in adolescents with and without borderline personality disorder. *Personality and Mental Health*, 11 (3), 164-170. doi: 10.1002/pmh.1377.

Maillard, P., Berthoud, L., Kolly, S., Sachse, R., & Kramer, U. (2019). Processes of change in psychotherapy for narcissistic personality disorder. *Journal of Personality Disorders*.

Pascual-Leone, A., Herpertz, S. C., & Kramer, U. (2016). Experimental designs and the “emotion-stimulus critique”: Hidden problems and potential solutions in the study of emotion. *Psychopathology*, 49, 60-68. doi: 10.1159/000442294

Zufferey, P., Caspar, F., & Kramer, U. (2019). The role of interactional agreeableness in responsive treatments for patients with borderline personality disorder. *Journal of Personality Disorders*.

Books:

Despland, J.-N., de Roten, Y., & Kramer, U. (2018). *L'évaluation des psychothérapies*. Préfaces par Jacques Barber et Bruno Falissard. Cachan Cedex : Lavoisier.

Kolly, S., Charbon, P., & Kramer, U. (eds.)(2019). *Trouble de la personnalité borderline: Pratiques thérapeutiques*. Issy-les-Moulineaux : Elsevier-Masson.

Kramer, U. (ed.)(2019). *Case Formulation for Personality Disorders: Tailoring Psychotherapy to the Individual Client*. Foreword by Mary C. Zanarini. Cambridge, MA: Elsevier.

Kramer, U., & Ragama, E. (2015). *La psychothérapie centrée sur les émotions*. Préface par Leslie S. Greenberg. Issy-les-Moulineaux: Elsevier-Masson.

